

Leaderboard

Leaderboards will be based on total activity minutes.

The Well 1-2-1 app features a live leaderboard showing your individual progress.

Create a bit of friendly competition between colleagues.

The leaderboard is optional, to join tap:

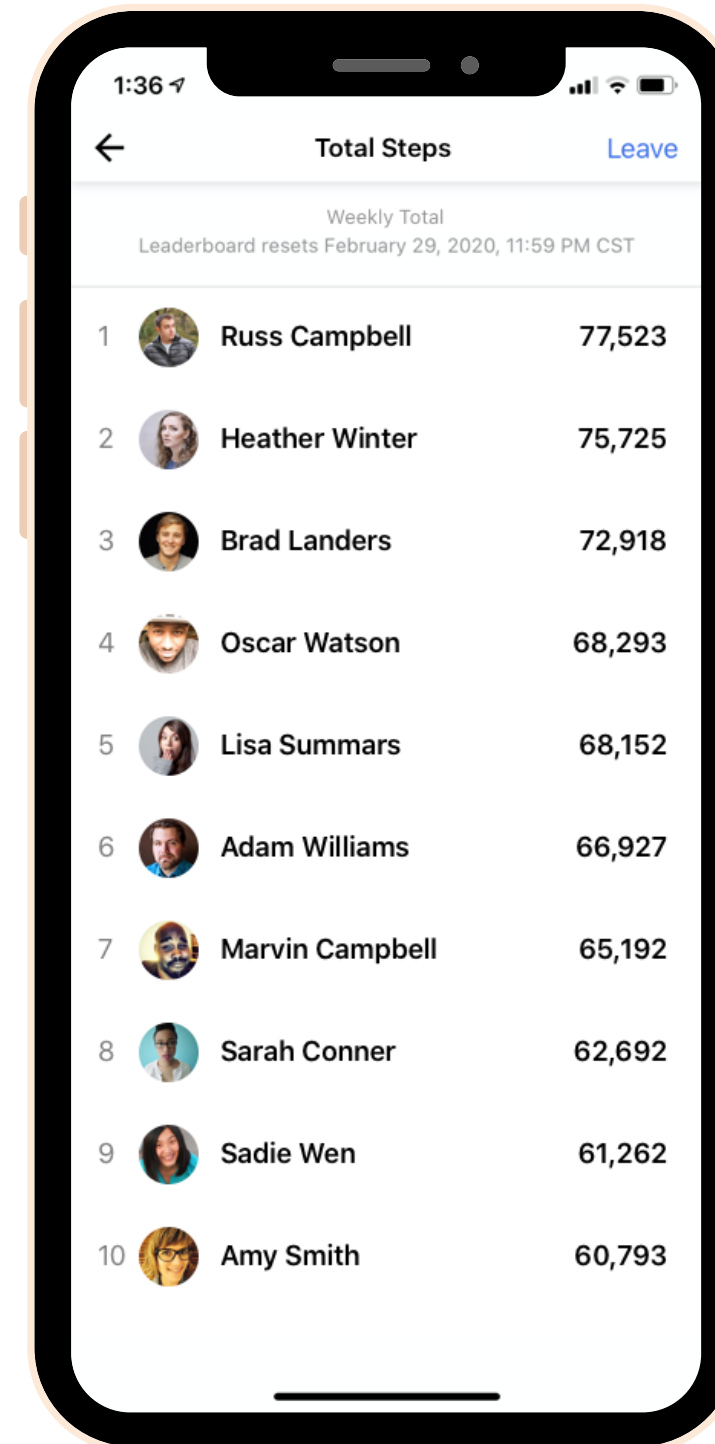
1. Groups
2. Join leaderboard

Weekly updates on totals will be communicated through the Well 1-2-1 app.

Groups

Encourage others challengers in the group, tell others what you are finding easy or hard and ask for tips.

Live Individual leaderboard



Group

